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Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

SENIOR CERTIFICATE EXAMINATIONS/ NATIONAL SENIOR CERTIFICATE EXAMINATIONS

DANCE STUDIES

MAY/JUNE 2024

MARKS: 150

TIME: 3 hours

**This question paper consists of 12 pages.
This question paper must be printed in full colour.**

INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with EIGHT questions in total.
2. SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (60 marks)
 - Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 1.2 and QUESTION 1.3. If you answer both questions, only the FIRST answer will be marked.

SECTION B: DANCE HISTORY AND LITERACY (90 marks)

- Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 5.3 and QUESTION 5.4. If you answer both questions, only the FIRST answer will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
 4. Read each question carefully and take note of what is required.
 5. Read the ACTION VERB at the start of each question to see what is required.

ACTION VERBS USED IN THE QUESTIONS:

LOW-LEVEL QUESTIONS: identify, indicate, define, list, give, write, choose, describe

MEDIUM-LEVEL QUESTIONS: substantiate, explain, elaborate, discuss

HIGH-LEVEL QUESTIONS: identify, motivate, discuss, evaluate, develop, give opinions, analyse, motivate, design

6. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
7. You will be assessed on your ability to:
 - Write in one language only
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use specialist dance terminology, where appropriate
8. Write neatly and legibly.

SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE

QUESTION 1: INJURIES

- 1.1 Refer to the image below and explain FOUR reasons why dancing in this space is NOT safe.



[Source: <https://za.pinterest.com/pin/469711436143529936/>]

(4)

NOTE: You have a choice between QUESTION 1.2 and QUESTION 1.3.
Answer only ONE of these questions.

- | | | | |
|-----|-------|--|-----|
| 1.2 | 1.2.1 | Define <i>shin splints</i> . | (1) |
| | 1.2.2 | Explain how poor teaching could cause shin splints. | (3) |
| | 1.2.3 | Discuss the immediate treatment for shin splints. | (4) |
| | 1.2.4 | Identify THREE exercises/activities that a dancer could do to maintain fitness while recovering from shin splints. | (3) |

OR

- | | | | |
|-----|-------|--|-----|
| 1.3 | 1.3.1 | Define <i>tendonitis</i> . | (1) |
| | 1.3.2 | Explain how poor technique could cause tendonitis. | (3) |
| | 1.3.3 | Discuss the immediate treatment for tendonitis. | (4) |
| | 1.3.4 | Identify THREE challenges that a dancer could face when returning to the dance class after recovering from tendonitis. | (3) |

[15]

QUESTION 2: COMPONENTS OF FITNESS

2.1 Complete the following sentences by filling in the missing word(s). Write only the component of fitness next to the question numbers (2.1.1 to 2.1.5) in the ANSWER BOOK.

2.1.1 The range of movement around a joint refers to ... (1)

2.1.2 ... is the ability to defy gravity and hold a position. (1)

2.1.3 Posture and alignment requires good ... (1)

2.1.4 Fluidity, coordination and spatial awareness are examples of ... (1)

2.1.5 A dancer needs ... to perform for long periods of time. (1)

2.2 Well-developed components of fitness help dancers meet the physical demands of dance training and performance.

2.2.1 Explain how flexibility contributes to a good dance performance. Substantiate your answer. (3)

2.2.2 Describe ONE dynamic and ONE static stretching exercise that could develop flexibility. (2 x 2) (4)

2.2.3 Discuss the importance of balancing flexibility and strength training to improve dance technique. Substantiate with examples. (5)

2.2.4 Explain how core stability contributes to agility in a dancer's performance. (3)
[20]

QUESTION 3: GENERAL HEALTH CARE

Your school is launching a project addressing mental health issues. In support of this project, you have offered to teach a relaxation class during break/interval, which will be open to all learners.

Design a flyer to advertise your class, which includes the following information:

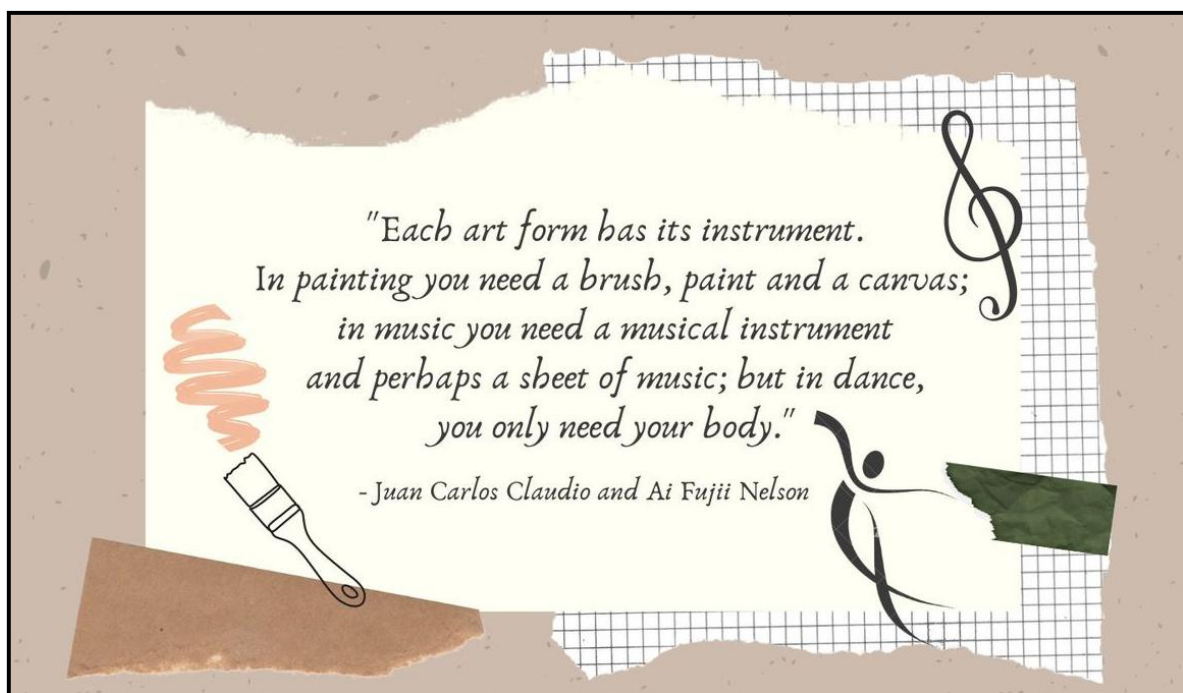
- Relaxation techniques being offered
- Physical and mental benefits of a relaxation class (7)

NOTE: THREE marks will be awarded for design and layout.
You do not have to use colour in your design.

(3)
[10]

QUESTION 4: DANCE PERFORMANCE

- 4.1 Explain how the following assist in performing dance movements:
- 4.1.1 Use of the head (2)
 - 4.1.2 Use of the arms (2)
- 4.2
- 4.2.1 Explain how a lack of musicality affects a dance performance. (3)
 - 4.2.2 Discuss how a dancer could develop musicality. (3)
- 4.3 Refer to the quote below and answer the question that follows.



[Source:

https://www.ririewoodbury.com/images/pdfsdoc/BST_Teacher_Guide_1_Body_as_an_instrument.pdf]

Evaluate how dance allows people to use their bodies as an instrument of expression. Substantiate your answer with examples.

(5)
[15]

TOTAL SECTION A: 60

SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: IMPROVISATION AND CHOREOGRAPHY**

- 5.1 Choose ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (5.1.1 to 5.1.5) in the ANSWER BOOK.

 gesture; narrative choreography; stimulus;
multidisciplinary; dance fusion

- | | | | |
|-----|-------|--|-----|
| 5.1 | 5.1.1 | A dance that tells a story | (1) |
| | 5.1.2 | A source of inspiration for movements | (1) |
| | 5.1.3 | More than one art form used in a dance work | (1) |
| | 5.1.4 | Everyday movements that express an idea | (1) |
| | 5.1.5 | Combining different dance styles/genres | (1) |
| 5.2 | 5.2.1 | Define <i>improvisation</i> . | (1) |
| | 5.2.2 | List FOUR skills and/or values that you have developed through improvisation. | (4) |
| | 5.2.3 | Explain how the skills and/or values listed in QUESTION 5.2.2 could benefit you in your: <ul style="list-style-type: none"> • Future career • Personal life • Role in society | (8) |

NOTE: You have a choice between QUESTION 5.3 and QUESTION 5.4.
Answer only ONE of these questions.

5.3 Refer to the image below and answer the question that follows.



[Source: <https://pin.it/4LYEXsZ>]

Describe how you could manipulate the movements in the image above using dance elements and/or choreographic structures.

(7)

OR

5.4 Refer to the image below and answer the question that follows.



[Source: <https://ariellebobbwillis.com/woohahaomg>]

Describe how you could manipulate the movement in the image above using dance elements and/or choreographic structures.

(7)
[25]

QUESTION 6: DANCE LITERACY

6.1 Indicate whether the following statements are TRUE or FALSE. Write only 'true' or 'false' next to the question numbers (6.1.1 to 6.1.5) in the ANSWER BOOK.

6.1.1 Theatrical dance forms are performed on proscenium arch stages only. (1)

6.1.2 Lighting, sound and special effects are typical features of non-conventional dance spaces. (1)

6.1.3 Social dance is inclusive of anyone. (1)

6.1.4 Public areas are examples of site-specific dance spaces. (1)

6.1.5 Healing is a function of cultural dance. (1)

6.2 Discuss the value of learning about South African indigenous dances. (5)

6.3 Write an essay about your dance major exploring its origin, how it has developed and what it could be in the future.

Name your dance major.

Use the heading below as the title of your essay.

THEN, NOW AND INTO THE FUTURE ...

(15)
[25]

QUESTION 7: DANCE WORK

Choose ONE dance work that you have studied from the prescribed list below.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	<i>Apollo</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentation</i>
Christopher Bruce	<i>Ghost Dances</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	<i>Orpheus in the Underworld</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Bolero OR Cargo</i>
Sylvia Glasser	<i>Tranceformations</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Gregory Maqoma	<i>Four Seasons OR Skeleton Dry</i>

7.1 Name the dance work you have chosen.

7.1.1 Give a synopsis of the dance work. (4)

7.1.2 Discuss the role of colour in the costumes used throughout the dance work. (4)

7.1.3 Discuss whether or not the music and/or accompaniment impacted the dance work. Substantiate your answer. (3)

7.1.4 Explain how the choreographer communicated the theme through lighting, set design and/or props in the dance work. Give detailed examples to support your answer. (8)

7.2 In your opinion, how has this dance work impacted you as a Dance Studies learner? Motivate your answer with examples. (6)
[25]

QUESTION 8: CHOREOGRAPHER

Choose ONE choreographer that you have studied from the prescribed list below.

SOUTH AFRICAN CHOREOGRAPHERS	INTERNATIONAL CHOREOGRAPHERS
Alfred Hinkel	Alvin Ailey
Gregory Maqoma	Christopher Bruce
Hazel Acosta	George Balanchine
Mavis Becker	Martha Graham
Sylvia Glasser	
Veronica Paeper	
Vincent Mantsoe	

Your province will be hosting a dance festival featuring one of the choreographers in the prescribed list above. You have been asked to announce the choreographer to the audience before the choreographer's work is performed.

Write a speech and include the following:

An introduction on the choreographer:

- Background
- Training and dance career
- Contribution to dance in society

How the choreographer's choreographic style and/or dance work has been influenced by:

- Social and/or political context
- Personal influences and/or collaborations

[15]

TOTAL SECTION B: 90
GRAND TOTAL: 150