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# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## NATIONAL SENIOR CERTIFICATE

**IBANGA LE-12**

**ISIZULU ULIMI LOKUQALA LOKWENGEZA (FAL)**

**IPHEPHA LOKUQALA (P1)**

**NOVEMBA 2021**

**UMHLAHLANDLELA WOKUMAKA**

**AMAMAKI: 80**

**Lo mhlahlandlela unamakhasi ayi-9.**

**ISIQEPHU A: ISIVIVINYO SOKUQONDISISA****UMBUZO 1****INDLELA YOKUMAKA:**

1. Ngenxa yokuthi sigxila emqondweni wempendulo; ukungabhaleki kahle kwamagama namaphutha olimi sikushaya indiva/asikunaki ngaphandle uma kuthinta umqondo wempendulo yonke. Omakayo kumele awatshengise ngezimpawu ezisetshenziswayo amaphutha uma ekhona.
2. Uma umfundi esebenzise amagama angekho olimini ahlolwa ngalo, lawo magama ngeke anakwe uma impendulo ayibhalile inomqondo ophelele. Uma kunegama elithathelwe kolunye ulimi embhalweni onikeziwe noma kudingeka ukuthi impendulo inike lona, lokho kuyovumeleka.
3. Imibuzo evulelekile edinga izimpendulo ezinjengoYEBU/CHA noma ANGIYAVUMA azinikwa amamaki. Ngokufanayo nalezi ezinjengo-IQINISO/AKUSILO IQINISO noma IQINISO/UMBONO nazo azinikwa amamaki kodwa indlela umfundi asekela ngayo ethola amamaki.
4. Uma impendulo iyigama elilodwa kodwa umfundi abhale umusho wonke; umfundi uthola amamaki uma eyidwebele impendulo noma eyikhombise ngandlela thize.
5. Uma impendulo idinga amaphuzu amabili/amathathu kodwa umfundi wabhala angaphezulu kwalokho, kumakwa amaphuzu amabili/amathathu okuqala okunye kungabe kusanakwa.
6. Umfundi uyanikwa amamaki uma esebenzise ulimi lwesigodi empendulweni yakhe.
7. Emibuzweni lapho umfundi ekhetha impendulo kwazinikiwe; uyawathola amamaki uma ebhale impendulo ephelele kanje:  
Isib:  
1.1.5 A/USizwe. (okuwuhlamvu oluphelele).

- 1.1 1.1.1 UKrista Neher ✓/ Krista ✓ / Neher ✓ (1)
- 1.1.2 OKUBILI kwalokhu:
- Umlando womndeni. ✓/
  - Umlando wamaqhawe namaqhawekazi. ✓/
  - Umlando ngezinto ezazisetshenziswa ngezikhathi ezahlukene. ✓/
  - Umlando okumazisi. ✓ (2)
- 1.1.3 Okukodwa kwalokhu:
- Zisetshenziswa njengethuluzi lokudlulisa umyalezo nokuchukuluza imicabango. ✓✓/
  - Zisixhumanisa nemvelaphi yethu. ✓✓/
  - Zisikhumbuza izikhathi ezimnandi nezibuhlungu. ✓✓ (2)
- 1.1.4 B. ✓/ Ukuba sejele. ✓ (1)
- 1.1.5 Izithombe ezithathwa ezikoleni zingadala izimpi ziveze namahlazo abafundi nothisha. ✓✓ (2)
- 1.1.6 Kukhona abantu asebethole ukwaziwa umhlaba wonke ngezithombe abazithumela emaphephandabeni, ezinkundleni zokuxhumana nakwezinye izindawo. ✓✓ (2)
- 1.1.7 Okukodwa kwalokhu:
- Izithombe zisetshenziselwa ukwethula ubufakazi enkantolo. ✓✓/
  - Ziveza amaqiniso uma liphikwa icala. ✓✓ (2)
- 1.1.8 (a) Uze umxhawule. ✓✓ (2)
- (b) Ngokushesha okukhulu. ✓✓/ masinyane. ✓✓ (2)
- 1.1.9 Okukodwa kwalokhu:
- Kungakufaka ejele/ungaboshwa. ✓✓/
  - Ungaphelelwa umsebenzi. ✓✓/
- (Nokunye okunembayo) (2)
- 1.1.10 Okukodwa kwalokhu:
- Isithombe esihle senza abantu balangazelele ukuzwa ukuthi kuthiwani ngaloyo muntu kodwa esibi sihlala unomphela ezingqondweni zabantu. ✓✓/
  - Isithombe esihle senza abantu bamthande osesithombeni futhi bamlandele kodwa esibi senza bamkhulume kabi baze bagcine sebemzonda ngisho bengamazi. ✓✓ (2)

1.1.11 Okukodwa kwalokhu:

- Indaba yezithombe ithinta bonke abantu. ✓✓
- Kuyinto eyenziwa yibo bonke abantu. ✓✓

(Nokunye okunembayo)

(2)

1.1.12 Izimpendulo ziyokwehluka:

Isibonelo sempendulo **evumayo**:

- Izithombe ziveza konke njengoba kunjalo. ✓✓

### NOMA

Isibonelo sempendulo **ephikayo**:

- Abanye abantu bayakwazi ukuzenzela izithombe zibukeke sengathi ziyiqiniso. ✓✓

(Nokunye okunembayo)

(2)

1.2 1.2.1 Iminyaka engamashumi amabili nesishiyagalombili. ✓

(1)

1.2.2 UZalo. ✓

(1)

1.2.3 UMuvhango. ✓

(1)

1.2.4 uHarriet Khoza. ✓/ uConnie Ferguson. ✓

(1)

1.2.5 Izimpendulo ziyakwehluka (Okubili kwalokhu):

- Ababukeli bathola ithuba lokufunda ezinye izilimi. ✓/
- Ababukeli bayajabula ukuthi izilimi zabo nazo ziyathuthuka. ✓/
- Kwandisa amathuba okulingisa kubadlali abakhuluma izilimi ezahlukene. ✓/

- Kukhuthaza ubumbano ezinhlangeni ezahlukene. ✓

(Nokunye okunembayo)

(2)

[30]

**AMAMAKI ESIQEPHU A: 30**

**ISIQEPHU B: UKUFINGQA****UMBUZO 2**

**Amaphuzu esingawabheka:**

	<b>AMAPHUZU ACASHUNIWE</b>		<b>AMAPHUZU AHUNYUSHIWE</b>
1.	'Uma ungomunye wabazama ukwehlisa isisindo somzimba kuyancomeka ukusebenzisa la mafutha esikhundleni samafutha ajwayelekile.'	1.	Uma uzama ukunciphisa umzimba ungasebenzisa amafutha omnqumo.
2.	'Amafutha omnqumo anezithako ezibalulekile ekuqiniseni amasosha omzimba ukuze uhlale ungumqemane.'	2.	Lawa mafutha ayasiza/angasiza ukwenza amasosha omzimba ahlale esesimweni esihle.
3.	'Ukusebenzisa amafutha omnqumo kungakuvimbela ukuhlaselwa yilesi sifo, ngokwenza isikali/umthamo we- <i>insulin</i> egazini uhlale ulingene.'	3.	Ayasiza ukuvikela abantu esifweni sikashukela ukuthi ungehli noma ungakhuphuki.
4.	'Amafutha omnqumo enza ingqondo ihlale iphapheme ngenxa yesithako esibizwa nge- <i>monounsaturated fat</i> .'	4.	Inggondo ingahlale/ihlale isebenza kahle uma usebenzisa lawa mafutha.
5.	'Ucwaningo luyaveza ukuthi angagcina isikhumba sakho sivikelekile ngokuwagcoba emzimbeni nasezindebeni zomlomo.'	5.	Lawa mafutha avikela isikhumba ngokuwagcoba emzimbeni nasezindebeni zomlomo.
6.	'Angasiza futhi ukugcina nezinwele zakho zikhazimula zingenayo inkwethu.'	6.	Angasebenza ukwenza izinwele zibe zinhle futhi zingabi nayo inkwethu.
7.	'Amafutha omnqumo onga imali ukuze kungabi nesidingo sokukhanda izinto zasendlini.'	7.	Amafutha omnqumo onga imali ekukhandeni izinto zasendlini.

**Ukumakwa kokufingqa**

Ukumaka kubhekela ukuba khona kwamaphuzu abalulekile nokuhlungwa kwalawo angabalulekile empendulweni.

Ukufingqa kumele kumakwe ngale ndlela:

- **Ukwabiwa Kwamamaki:**

- Amamaki ayi-7 ngamaphuzu ayi-7 (Iphuzu lilinye labelwa imaki elilodwa).
- Amamaki ama-3 abelwa ukusetshenziswa kahle kolimi.
- Isamba samamaki ayi-10.

- **Ukwabiwa Kwamamaki Okusetshenziswa Kolimi Lapho Umfundi Esebenzise Awakhe Amagama:**

- Iphuzu eli-1 kuya kwama-3: Uklonyeliswa ngemaki eli-1.
- Amaphuzu ama-4 kuya kwama-5: Uklonyeliswa ngamamaki ama-2.
- Amaphuzu ayi-6 kuya kwayi-7: Uklonyeliswa ngamamaki ama-3.

- **Ukwabiwa Kwamamaki Okusetshenziswa Kolimi Lapho Umfundi Ecaphune Njengoba Kunjalo Esiqeshini:**

- Amaphuzu ayi-6 kuya kwayi-7: Akaklonyeliswa lutho ngemaki lolimi.
- Amaphuzu ama-4 kuya kwayi-5: Uklonyeliswa ngemaki eli-1 lolimi.
- Amaphuzu ama-2 kuya kwa-3: Uklonyeliswa ngamamaki ama-2 olimi.

**QAPHELA:**

- **Ukubalwa Kwamagama:**

- Abamakayo kulindeleke ukuthi babale inani lamagama asetshenzisiwe.
- Awekho amamaki asuswayo uma umfundi engalibhalanga inani lamagama asetshenzisiwe noma elibhalile kodwa kungesilona.
- Uma inani lamagama asetshenzisiwe leqile, omakayo kumele afunde aphelele emshweni wokugcina ngaphezulu kwesibalo esibekiwe, angabe esakunaka okulandelayo.

**AMAMAKI ESIQEPHU B: 10**

**ISIQEPHU C: IZAKHIWO NEZIMISO ZOKUSETSHENZISWA KOLIMI****UMBUZO 3****Indlela yokumaka ISIQEPHU C**

- **Ukupelwa kwamagama/Isipelingi**

- Izimpendulo ezidinga igama elilodwa mazimakwe ngisho kunamaphutha esipelingi, ngaphandle uma iphutha lishintsha umqondo/incazelo yegama.
  - Uma impendulo ingumusho ogcwele, amaphutha esipelingi awanganikwa amamaki uma kuhlolwa ulimi.
  - Uma kuhlolwa isifinyezo, impendulo mayibe nophawu lokuloba olufanele.
- Ukwakhiwa kwemisho makulandele uhlelo lokusetshenziswa kolimi olufanele.
  - Emibuzweni lapho kukhethwa khona izimpendulo, yamukela KOKUBILI uhlamvu oluhambisana nempendulo efanele NOMA impendulo efanele ebhalwe ngokugcwele.

- 3.1 Kubo bonke abantu.✓/Abadla imbuya ngothi nabakhomba ngophakathi.✓/ Kubathengi ✓. (1)
- 3.2 Impuphu Yoqobo.✓✓ (2)
- 3.3 C✓/Abacebile.✓ (1)
- 3.4 Inyala yenziwa ngommbila omusha otshalwa emasimini ase-Free State.✓ (1)
- 3.5
- Uthenga impuphu Inyala.✓ (1)
  - Ugcwalisa ifomu elisephaketheni lempuphu.✓ (1)
- 3.6 Ibizombaxa✓/Ibizongxube.✓ (1)
- 3.7 OKUKODWA kwalokhu:
- Kuzokhuphula inani labantu abathenga impuphu Inyala.✓✓/
  - Inkampani izokwenza inzuzo enkulu.✓✓
- (Nokunye okunembayo) (2)

**[10]**

**UMBUZO 4**

- 4.1 Umuzwa wokuthuka.✓/ukwesaba✓/ukumangala✓/Ukukhathazeka ✓. (1)
- 4.2 A✓/Ingane ezelwe yodwa kwabo.✓ (1)
- 4.3 OKUBILI kwalokhu:
- Ubuso bukamama uma umfana ecela ukukhuluma naye.✓/
  - Ukuthatha imiqamelo yokuhlala. ✓/
  - Ukuthatha amaphepha okusula izinyembezi.✓/
  - Ukukhanyisa amakhandlela.✓/
  - Ukulungisa indawo yokuhlala.✓/
  - Ukukhipha amanzi okuphuza esiqandisini.✓/
  - Ukukhuluma yedwa.✓ (2)
- 4.4 Imisho iyokwehluka:
- Isibonelo: **Umoja** uvunguza ngamandla ngaphandle.✓✓ (2)
- 4.5 Inkolelo engaguquki.✓✓ (2)
- 4.6 Umbono ngoba bakhona omama abangakhathezeki ngezingane zabo yikho sinezingane ezitholwa zilahliwe.✓✓ (2)
- [10]**

**UMBUZO 5**

- 5.1 5.1.1 Umuntu ufise ukuba nendlu eehayo.✓/Umuntu ufisile ukuba nendlu eehayo.✓/ Umuntu ubefisa.✓/ Umuntu wayefisa.✓/ Umuntu wafisa.✓ (1)
- 5.1.2 Liyachasisa✓/Liyaphawula.✓/ Lichaza uSobizo emshweni. ✓ (1)
- 5.1.3 Izithombe **azifakwa** ngamakhuku kuphela obondeni.✓ (1)
- 5.1.4 D✓/Ibizomfakela.✓ (1)
- 5.1.5 (a) Isandiso sendawo.✓/Isakhi esikhomba indawo/undaweni.✓ (1)
- (b) Isivumelwano sikamenziwa.✓ (1)
- 5.1.6 Indlwana. ✓ (1)
- Isib. Ugogo uthanda indlwana enhle.✓ (1)
- 5.1.7 Igumbi lokugezela alihlotshiswa **ngoba** lingaba nomswakama.✓✓ (2)

- 5.1.8 UMnumzane Cele uthi, 'Thina **sinolwazi** olwanele lokuhlobisa ngaphakathi endlini.'✓✓/ 'Thina **sinolwazi** olwanele lokuhlobisa ngaphakathi endlini,' kusho uMnumzane Cele.✓✓ (2)
- 5.1.9 (a) Ikamelo.✓ (1)
- (b) Udonga.✓ (1)
- 5.2 5.2.1 Umalumekazi.✓ (1)
- 5.2.2 Abazali **bami** abasekho.✓ (1)
- 5.2.3 Yona.✓ (1)
- Isibonelo; Ingane **yona** ayikuthandi ukulala.✓ (1)
- 5.2.4 Hawu! ✓ **Unenhliziy**o✓ yetshe./ Hawu, ✓ unenhliziy o yetshe!✓ (2)
- [20]

**AMAMAKI ESIQEPHU C: 40**  
**AMAMAKI ESEWONKE: 80**